

Following research

[Signing up for ResearchGate](#)

[Following research](#)

[Following researchers](#)

[Recommending and sharing content](#)

[Contacting other researchers](#)

[Inviting colleagues to ResearchGate](#)

A great way to stay up to date on research in your field is to follow it. You can follow projects, publications, and questions to stay informed about new updates. You can keep track of all the content you're following directly from your [Following](#) tab.

Publications

How do I follow a research item?

To follow a research item, visit its ResearchGate page, click the **More** button at the top right-hand side of the page underneath the stats information, and select **Follow to get updates**. You will now get updates about this work.

To view all of the research items you are following, go to the **Following** tab on your profile.

Why am I automatically following research items?

Some parts of the following process are automated to improve your ResearchGate experience. For example, if you comment on a research item, you will automatically follow that research item, so that you are kept up to date with any new activity.

If you would like to **unfollow a research item**, simply follow the steps below.

How do I unfollow research items?

To unfollow a research item:

1. Go to your profile by clicking on your profile photo in the top right of any page and visit the **Following** tab
2. In the list that appears, scroll to the research item you would like to unfollow and click the **Following** button below that item. It should then change to **Follow**.

Projects

How do I follow a project?

Following projects is a great way to keep up with current research in your field and find out about the latest discoveries as they happen.

To follow a project:

1. Go to the project's page on ResearchGate
2. Click the blue **Follow project** button under the stats on the top right-hand side of the page.

You are now following the project and will be notified about new project updates and discussions.

Why am I automatically following some projects?

Some parts of the following process are automated to improve your ResearchGate experience. For example, if you comment on a project, you will automatically follow the project, so that you are kept up to date with any developments.

If you would like to **unfollow a project**, simply follow the steps below.

How do I unfollow a project?

1. Go to the project's page on ResearchGate

2. Click the blue downward-facing arrow next to **Share** at the top the right-hand side of the page and select **Unfollow project**.

Questions

How do I follow a question?

You automatically follow all questions that you ask, answer, like, or share. If you want to follow a question manually, click the blue **Follow** button at the top right-hand side of its page. Following a question means that you'll be notified of any answers other researchers add to it.

How do I find the questions I'm following?

To find questions you are following, you can click on **Questions** from any ResearchGate page, and click the **Questions you follow** radio button at the top right-hand side.

How do I unfollow a question?

To unfollow a question:

1. Go to the question's page
2. Hover your mouse over the blue **Following** button at the top right-hand side of the page
3. Click to unfollow.