

# Recommendations

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**Recommendations** give you a way to see the influence of your work by showing you how often others have recommended your research to their network.

Your Stats tab shows you how many recommendations your research and other contributions on ResearchGate get each week. Your weekly stats report shows which of your work was recommended the most, and who recommended it.

## How do I recommend research?

To recommend a research item such as a publication or preprint:

1. Go to the research item's page
2. Click the **More** button under the stats on the right-hand side of the page
3. Select **Recommend publicly**

**Note:** If you want to remove a recommendation, simply click on **Recommended** above the research item.