

# Recommending and sharing content

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You can show high-quality research to your peers on ResearchGate by recommending or sharing it. Recommending is a public way to recommend content to your peers and network, while sharing is private and is used when you want to share content with specific people.

Here are some reasons to recommend and share content on ResearchGate:

- The work is cutting edge
- The research is in your field
- You would like to discuss it with others
- The research is ongoing and worth keeping track of
- It's your own work and you'd like to share it with your peers

## What kind of research can I recommend?

You can recommend any type of research that you think deserves it, such as articles, preprints, or conference papers. You can also recommend questions and answers.

## How do I recommend research?

To recommend a research item such as a publication or preprint:

1. Go to the research item's page
2. Click the blue downward-facing arrow under the stats on the right-hand side of the page
3. Select **Recommend**

To recommend a question or answer, simply click the **Recommend** button that appears directly underneath that question or answer.

To remove your recommendation, simply follow the steps above and click on **Recommended**.

## Who can see my recommendations?

Recommendations on ResearchGate are public. That means that when you recommend research, people you're connected with will be notified and will see your recommendation in their feed. Other researchers can also see that you have recommended a piece of research when they view its page.

## How do I share a research item?

Instead of publicly recommending a research item, you may wish to just share it privately with a select person or group. To do so:

1. Go to the research item's page
2. Click the blue downward-facing arrow under the stats on the right-hand side of the page
3. Select **Share** from the drop-down list
4. Either choose from the suggestions or type the names of the researchers you'd like to share the research item with
5. Click **Share**

**Note:** You can only share a research item with researchers who are following you.

## How do I share a project?

Here's how to share a project with people who you think may be interested in it:

1. Go to the project's page
2. Click on **Share** next to the blue Follow project button at the top right
3. Either choose from the suggestions or type the names of the researchers you'd like to share this project with
4. Click **Share**

**Note:** You can only share projects with researchers who are following you.