# Passwords

<table>
<thead>
<tr>
<th>Passwords</th>
</tr>
</thead>
<tbody>
<tr>
<td>Updating your account name</td>
</tr>
<tr>
<td>Managing your email settings</td>
</tr>
<tr>
<td>Security and privacy</td>
</tr>
<tr>
<td>Deleting your account</td>
</tr>
</tbody>
</table>

## Forgot your password?

You can reset your password if you are logged in or logged out.

If you are **logged in**, you can reset your password in a few simple steps. Here's how:

1. Make sure you're logged into ResearchGate
2. Click the arrow next to the small thumbnail of your photo at the top of any ResearchGate page and click **Settings**
3. Click on **Account settings** from the menu on the right-hand side
4. Scroll down to the **Password** section and click on **Forgot Password**
5. You will be directed to a new page and prompted to type in your email address. You can type in either your login email address or your confirmed secondary email address. We'll send you a password reset link via email – please follow the steps in the email to create a new password.

If you are **logged out**, you can reset your password by clicking the **Forgot your password?** link on the login page: [https://www.researchgate.net/application>Login.html](https://www.researchgate.net/application/Login.html). You will be directed to a new page and prompted to type in your email address. You can type in either your login email address or your confirmed secondary email address. We'll send you a password reset link via email – please follow the steps in the email to create a new password.

Please note: Your password reset email may take some time to arrive. If you have requested this email already and it hasn't arrived, we suggest that you add ResearchGate to your address book. You can find out how to do this here: [https://www.researchgate.net/application.EmailInstruction.html](https://www.researchgate.net/application.EmailInstruction.html).

## Haven’t received the password reset email?

If you haven’t received your password reset email within 24 hours you can try the following options:

- Make sure the password reset email did not end up in your junk/spam folder.
- Add ResearchGate to your address book. [Find out more.](https://www.researchgate.net/application.EmailInstruction.html)
- Reset your password again by clicking the **Forgot your password?** link on the login page.
- Contact your email administrator to ensure emails from @researchgate.net can be received.

## I don’t have access to my email address, and I’ve forgotten my password

For security reasons, we are unable to give you access to your account if you cannot remember both your **password** and **email address**. If you are unable to access the email address you signed up with, we kindly ask that you sign up again with an active email address.

Once you have signed up successfully again, send us the links to your new and old account and we'll merge them for you.
Please note that we can only transfer the publications to your new account and remove the old one. Profile views, followers, followings and questions will not be transferred.

I get an error when I enter my email address to reset my password

This could be happening because your account isn't yet active if you've recently signed up, or it may be expired. Please check your emails to make sure you've clicked on the link in the activation email.

Changing your password

You can change your password in a few simple steps:

1. Make sure you're logged into ResearchGate
2. Go to your Account Settings page
3. Scroll down to the Password section and type your current password into the first text box
4. Type your new password into the second and third text boxes
5. Click Save password to confirm your changes.

If you're logged in, but can't remember your password and need to change it, click on Forgot your password? under the Current password box.